

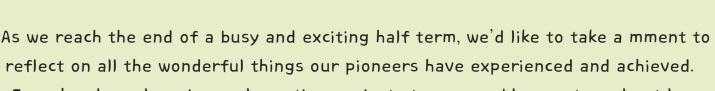
# **SCHOOL NEWSLETTER 4**











From hands-on learning and creative projects to memorable events and outdoor adventures, it's been a half term full of energy, growth, and plenty of smiles.

A big thank you to our children, families and staff for your continued support and enthusiasm; it truly makes our school community special.

#### PONY ACADEMY ADVENTURE FOR YEAR 6

Our Year 6 pupils have just completed an incredible experience at the British Racing School's Newmarket Pony Acacemy.

This unique programme is specifically designed to help children develop important skills like teamwork, confidence and resilience, all while learning about ponies and the dedication required to care for them.

Throughout the week, the children gained hands-on experience in equine care, discovering what it takes to look after these wonderful animals as well as learning how to ride!

From mucking out the stables to grooming and feeding, they showed great responsibility and a true test of character, qualities we proudly see reflected in our school's 6 Cs.





To make this week even more special, the Academy welcomed a very special guest - HRH Princess Anne, who took the time to meet the children and see their achievements first hand.

All the Year 6s had a wonderful time and returned with new skills and happy memories that will stay with them for years to come!



### SPOOKY SEASON AT THE PINES

There were some mysterious goings-on in the halls and classrooms of The Pines today...

Superheroes were spotted mingling with witches, ghouls wandered the corridors,

and even a few Hogwarts students made an appearance!

The excitement reached a high point with two fantastic Halloween discos, one for KS1 and another for KS2. With music pumping and lights flashing, pupils burned off plenty of energy on the dance floor while enjoying the spooky fun and delicious refreshments.

A huge thank you to our amazing PFA for organising such a memorable event, and to all the volunteers who generously gave up their Friday evening to help make it all happen.

Your support is truly appreciated and you helped create a night to remember!

#### THE GRASS IS GETTING GREENER ...

Now that we have opened up the top end of the field and the children have been able to experience the lush grass, the Local Authority are ready to commence the final stage of seeding over half term. As usual this is weather permitting but we are really pleased with how the grass has grown at the top of the field. The digging and sandpits will remain accessible throughout and all the OPAL play will continue uninterrupted. In addition, the children will have more access to the wooded area to further increase the playscape available.

#### **READING CERTIFICATES**

We're so excited to celebrate our amazing readers! This week, we handed out our very first Star Reading Certificates for 25, and even 50 reads!

It's fantastic to see so many of our pioneers enjoying their books and reading so much at home. Keep up the brilliant work, everyone - you're all shining reading stars!









#### **UNIFORM REMINDER**



We kindly ask that all children come to school in the correct uniform each day.

We work hard to keep our uniform expectations as simple and as affordable as possible, and we really appreciate your support in helping us maintain these standards.

#### Our School Uniform:

Green school sweatshirt/cardigan

White or bottle green polo shirt/shirt/blouse

Charcoal grey skirt/ trousers/shorts

Black school shoes

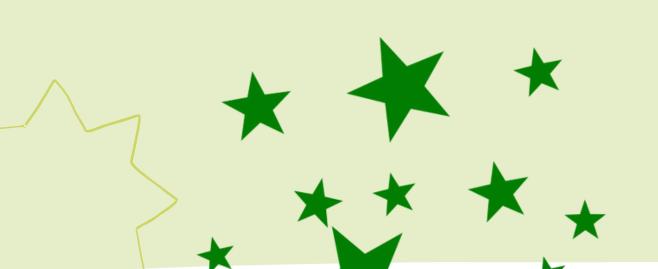
#### PE Kit

A white T-shirt, navy or black shorts/cycle shorts and suitable trainers/plimsolls will be required.

School jumpers should also be worn on PE days. No branded football kits or t-shirts please

Please make sure all items are clearly labelled with your child's name.

If you are experiencing any difficulties in providing the correct uniform, please don't hesitate to contact the school office in confidence. We're here to help and support where we can.











#### Mental Health: It's Not All In The Mind

As part of the Mental Health strand of our <u>Belonging by Design</u> strategy,

Anglian Learning is pleased to be offering a series of free webinars across this

academic year for parents and carers.

These webinars are an important way for us to launch Anglian Learning's early-intervention approach to supporting young people's mental health and wellbeing. By working in partnership with families and professionals, we aim to strengthen understanding, build resilience and promote positive mental health across our school communities.

The 'Mental Health: It's Not All In The Mind' webinar series shares practical,
evidence-based strategies, grounded in the latest research and medical understanding,
to support your own and your children's mental health. Topics include:
what causes depression, how everyday factors can affect our wellbeing, and
ways to create opportunities for positive behaviour change.

The webinars are presented by Peter Templeton and Charlotte Catignani from
The Foundation for Young People's Mental Health, whose work is rooted in scientific research and real-world practice. You can read more about their work and research by clicking here.

Recordings will be shared via email and will also be available on your school's website.

We hope you find these webinars helpful in understanding and supporting

mental health within your family.

### Camilla Saunders

Director of Inclusion at Anglian Learning

#### Further reading:

- · MindEd For Families
- · How to talk to teenagers about mental health
- · How to talk to primary age pupils about mental health
- Movement and mental health Mental Health UK
- · Food and mental health | Tips for everyday living | Mind
- · Depression It's really not all in the mind | YPMH





# **PFA NEWS**





Use Code 36518

The PFA are in need of volunteers to help at events. If you are able to spare some time please email pfa@pinesprimary.org





## DATES FOR YOUR DIARY





Half Term

4<sup>th</sup> Nov

5-6pm - Early Years Open Event for Sept '26 Starters

7<sup>th</sup> Nov

PFA Tuck Shop after school

14<sup>th</sup> Nov

PFA Parent Quiz

21<sup>st</sup> Nov

PFA Tuck Shop after school

28<sup>th</sup>

PD Day - No pupils in School

11th Dec

Virtual Dance Festival

19<sup>th</sup> Dec

Last Day of Term

